

dermalogica PRO®

multi-active scaling gel



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a PRO®

multi-active scaling gel

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introduction

Extractions are a crucial part of many skin treatments – so the skin health experts at Dermalogica set out to create a maximally efficacious way to perform them efficiently and effectively.

The result: New **Multi-Active Scaling Gel**.

This high-pH alkaline gel stays put on areas of congestion and effectively opens pores, making it the ultimate extraction solution. This product is ready to use right out of the bottle; it doesn't require any foaming prior to application, and may be used with or without steam. It's also multi-benefited, offering skin therapists the ability to create custom treatment solutions: use it alone to facilitate extractions, mix with a cleanser for a deep cleanse, or mix with Daily Superfoliant™ or Daily Microfoliant® for deep resurfacing.

From performing extractions with ease to creating personalised solutions to clients' skin concerns, **Multi-Active Scaling Gel** puts the power to innovate treatments in the skin therapist's hands.

extractions: an overview

When dead skin cells and sticky sebum become lodged in a pore, oxygen can't enter the follicle and it becomes impacted. Since *Propionibacterium Acnes* (*p.acne*) thrives in an anaerobic state, this can lead to inflammation - and possibly result in infected lesions. Extractions are an important part of any skin treatment, as they help prevent comedones from transforming into papules and/or pustules.

The Dermalogica Extraction Technique is a safe and effective manual method of removing comedones and impactions. For more information, please refer to The Book.

what to extract: non-inflamed comedones

Our goal with non-inflamed comedones is to remove them before they can develop into inflamed lesions. Here are the two types of non-inflamed comedones you'll encounter:

open comedones

These are the most common comedones Professional Skin Therapists work on. Typically referred to as blackheads because the surface of the plug in the follicle has a dark appearance, open comedones are non-inflamed.

closed comedones

A closed comedone is commonly called a whitehead. Closed comedones appear different than open comedones because the opening of the plugged sebaceous follicle is closed or very narrow (a blackhead is distended).

what not to extract: inflamed lesions

papules and pustules

These lesions involve inflammation, *p.acne* bacteria, and white blood cells, which creates an infected sebaceous follicle. Extracting these types of lesions can spread the *p.acne* bacteria and may cause scarring.



your ideal extraction toolkit

Having the right products and tools at hand can make the extraction process easier, both for the Professional Skin Therapist and for clients. Here's what we recommend:

- A **professional grade exfoliant** to gently dissolve surface debris and digest protein/dead skin cells
 - **Extraction solution** to soften impacted sebum in congested follicles and ease extractions without irritation
 - **Electrical modalities** such as galvanic and microcurrent for desincrustation, to further soften and to prepare skin for extractions
-

why is alkalinity important?

Changing skin's pH to alkaline softens the tissues, therefore dilating the follicles - and helping to facilitate extractions.

pre-treatment guidelines and contraindications

before you begin

1. **Complete a Consultation Card** and check for comedogenic products, medications, and any other possible contraindications. Review to see if the client is using any prescription drugs or over-the-counter acne medications.
2. **Double Cleanse** using **PreCleanse, Face Map** your client, then finish with a prescribed Dermalogica Cleanser. Concentrate on areas of congestion and "feel" for where blockages are present.
3. **Resurface** with a professional grade exfoliant to help remove dead skin cell build up. Remove gently with sponges and/or a steam towel.



Treatment suggestions

Start today in 5 weeks

Or start



ingredients

Multi-Active Scaling Gel's ingredients actively work to facilitate extractions while supporting total skin health.

Spirea Ulmaria (Meadowsweet) Extract

Gallotannins and ellagitannins from Meadowsweet helps regulate sebum production and secretion, which is complemented by the astringent effect of the tannins. This aids in maintaining a healthy balance on the skin to help with pore blockages.

Hydrolyzed Viola Tricolor Extract

Also known as wild pansy, Viola Tricolor is rich in polysaccharides and delivers powerful hydration by enhancing skin's ability to retain moisture.

Aloe Vera Leaf Juice

The Aloe Vera plant has been known and used for centuries for health, beauty, medicinal and skin care purposes. It's rich in 75 potentially active vitamins, enzymes, minerals, sugars, lignin, saponins and amino acids, making it ideal for supporting skin health during and after treatments. Mucopolysaccharides help bind moisture into the skin, while six natural antiseptic agents soothe.







how to use
multi-active
scaling gel

extractions

If you see congestion and comedones (blackheads or whiteheads) on your client's skin, you may want to add extractions to your treatment. Your client may have even requested extractions themselves!

You can perform these manually or with the modalities outlined below to hygienically and safely clear pores and help prevent future breakouts.

pro application

1. Dispense ½ pump to 1 pump of **Multi-Active Scaling Gel** into a cup.

2. Using Fan Masque Brush, apply a thin layer to areas of congestion.

Allow gel to activate and soften impactions for 3 minutes.

a. **Option:** use with steam.

b. **Modality option:** increase softening with galvanic desincrustation, microcurrent specific iontophoresis or ultrasonic, all on the negative mode.

3. Perform the Dermalogica Extraction Technique, then remove **Multi-Active Scaling Gel** with sponges and water.

4. Wipe extracted areas with Post Extraction Solution.

contraindications and precautions

- Impaired barrier, inflamed acne lesions. Do not extract papules or pustules.
- Use caution when extracting if your client uses medically prescribed exfoliating products. Use alkaline products to assist with extractions, as the skin is very fragile.

products to use



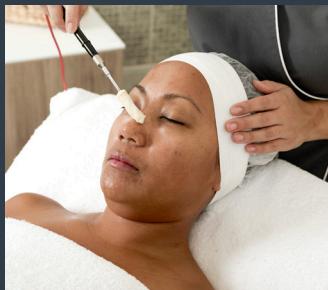
Multi-Active Scaling Gel

Post Extraction Solution

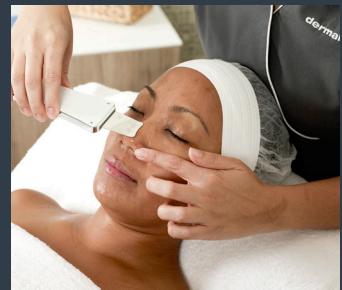
modality options



Microcurrent Specific
Iontophoresis on Negative



Galvanic Desincrustation



Ultrasonic Sonophoresis

deep cleanse

Every treatment begins with the Dermalogica Double Cleanse. For an even more intensive clean, cleanse the skin with **PreCleanse** then add **Multi-Active Scaling Gel** to the **Dermalogica Cleanser** you choose based on your client's **Face Mapping** results. This will remove oil and water-soluble debris from the skin's surface - and open pores for an even deeper cleanse.

pro application

1. Mix ½ pump of prescribed **Dermalogica cleanser** with water in a cup, then add 1 pump of **Multi-Active Scaling Gel**. Mix and apply with Fan Masque Brush.
 2. Follow Dermalogica cleansing routine. Remove with sponges and water or customised steam towel.
 - a. **Option:** use with steam.
 - b. **Modality option:** accelerate skin resurfacing with an ultrasonic brush or blade on exfoliation mode.
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products to use



Multi-Active
Scaling Gel



Special Cleansing Gel



Essential Cleansing
Solution



Dermal Clay Cleanser

products to use (continued)



Skin Resurfacing
Cleanser

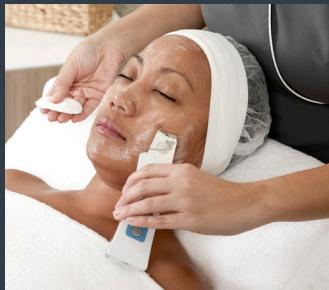


Clearing Skin Wash



UltraCalming™
Cleanser

modality options



Ultrasonic Blade



Sonic Cleansing Brush

deep resurfacing

Deep resurfacing is an ideal solution for clients concerned about uneven skin tone, rough texture or dull, lackluster skin. Adding **Multi-Active Scaling Gel** to **Daily Superfoliant** opens pores and increases product efficacy for a deeper, more effective exfoliation.

pro application

1. Dispense approximately ½ a teaspoon of **Daily Superfoliant™** or **Daily Microfoliant®** into a cup and mix with water, creating a foam. Add 1 pump of **Multi-Active Scaling Gel**, mix, and apply with a Fan Masque Brush.
2. Massage over skin using light circular motions, avoiding the eye area, for up to 3 minutes.
Remove with sponges and water or customised steam towel.
 - a. **Option:** use with steam.
 - b. **Modality option:** accelerate skin resurfacing with ultrasonic brush or blade on exfoliation mode.

Contraindications for use: Not recommended for users of any topical or orally-prescribed acne, Vitamin A-derived and/or skin exfoliation medications. Do not use on skin that is sunburned, irritated, sensitive or recently professionally resurfaced or waxed.

products to use



Multi-Active Scaling Gel

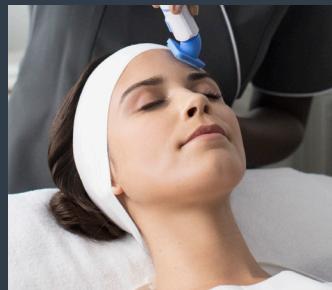
Daily Superfoliant™

Daily Microfoliant®

modality options



Ultrasonic Blade



Sonic Cleansing Brush

faq

What is the pH?

Multi-Active Scaling Gel's pH ranges from 7.0-9.0, making it ideal for facilitating extractions.

What are the specific ingredients that make the formula alkaline?

We used Trisodium Phosphate, a highly alkaline substance, to control the formula's alkalinity.

What are the other benefits of Multi-Active Scaling Gel, and what ingredients provide those benefits?

Multi-Active Scaling Gel's high alkalinity opens pores to facilitate extractions – but it's also useful in several other contexts. Because open pores allow for deeper product penetration, it's also ideal for deep cleansing and deep exfoliation. Aloe Leaf Juice soothes skin, and Spiraea Ulmaria Extract (Meadowsweet) acts as a natural astringent and helps regulate sebum production. Additionally, Hydrolyzed Viola Tricolor Extract hydrates skin.

What makes it brown?

Hydrolyzed Viola Tricolor Extract, used to help skin retain moisture, has a naturally-occurring dark amber hue.

notes

notes

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