

active balance skinsolver treatment

suggested menu description:

Aggressive cleansing and lack of moisturizer triggers a cycle of dehydration that can exacerbate chronic oiliness. What oily skin really needs to stay healthy is a balanced microbiome. The right balance of good bacteria helps maintain skin's natural protective barrier, which in turn helps keep oil in check. This quick service includes powerful prebiotic products to leave your skin balanced, purified and hydrated.

step-by-step

1. Once your customer takes a seat at **Skin Bar®** ask questions regarding their skin care routine. Have them use the mirror to point out their skin concerns. Does their skin feel oily? Do they notice a shiny T-Zone during the day? Do they moisturize?
2. Have the customer complete the relevant consultation on the **FaceMappingPRO app** in the **Treatment Tab**, ask any additional questions pertaining to their lifestyle and dietary habits. Don't forget to check for any possible contraindications to exfoliation or electrical modalities.
3. Prepare the customer with a headband and dental bib and clip around the neck. An additional bib may be positioned across the lap to protect clothing. Select appropriate skin analysis tool and take photos if required. Annotate the findings on the **Skin Analysis Tab** and further note any additional skin conditions.
4. Focusing on the importance of the Dermalogica Double Cleanse, begin by applying 1 pump of **PreCleanse** to dry skin and gently manipulate. Next, emulsify by applying a small amount of water. Swipe over skin with damp esthetic wipes to remove oil-based debris, make-up, and pollution.
 - a. **ProTip:** dip fingertips in water, use a damp fan masque brush, or lightly spritz with **Multi-Active Toner** to emulsify.



Active Clay Cleanser benefits to discuss

- **Balances** oily skin and the microbiome
- **Purifies** pores for smooth, revitalized skin
- **Protects** skin's natural lipid barrier

Active Moist benefits to discuss

- **Hydrates** with no oily shine through a botanical layer on skin
- **Balances** skin's microbiome
- **Refines** skin with botanical extracts

Suggested 1+2 prescription

- Priority:
Active Clay Cleanser
- Secondary products:
PreCleanse
Active Moist

5. Mix 1/3 teaspoon **Active Clay Cleanser** with water in a cup and apply with fan masque brush. Lightly manipulate then remove with damp esthetic wipes.
 - a. **Modality option:** ultrasonic brush or blade on exfoliation mode for deep cleansing
 - b. **ProTip:** to enhance cleansing use movements such as “s” moves on forehead and circles on cheeks.

6. Apply a thin layer of **Niacinamide IonActive™ Serum**, then follow with a thin layer of **Conductive Masque Base**. Remove with damp esthetic wipes.
 - a. **Modality option:** use ultrasonic blade on penetration mode to optimize hydration
 - b. **ProTip:** in place of **Niacinamide IonActive™ Serum**, choose the IonActive™ Serum that addresses secondary concerns for the client.

7. Spritz the skin with **Multi-Active Toner**, then apply **Active Moist**. Protect by layering **Solar Defense Booster SPF50** or prescribed Daylight Defense.